

A Hand-Up for Families



Harare, Zimbabwe



Economic Empowerment

Budget - Year 1 \$25,200

Project Timeline

FULLY FUNDED

AUG 21

JUL 23

Overview

This project provides an opportunity to assist vulnerable women-led families with vocational training. The first year will identify, train, encourage and empower 50 poor families in nutritional farming practices. Training will include practical demonstrations, hands-on experience, business and character training. Year 2 will progress to business plans, support, mentoring and start-up loans (approx. \$200) to begin their own business based on the knowledge they have acquired. Families will be closely followed up and loans will be repaid for future families. Participants will provide 10% of the capital required to buy materials for the business to ensure commitment and buy-in.

Impact for August 2021 - February 2022

80

Nutritional farming course for 80 women



Phase 1: A demonstration plot has been established with an irrigation system. Farming inputs (crop seeds and seedlings, tools, PPE, pesticides and fertilizers) have been procured. 80 families (30 more than planned!) were identified as eligible for participation based on need and commitment and are being trained. Some early crops have been sold at local markets or given to families. Workshops were held*.

6 month business training for 80 women

Phase 2: Now that participants have also set up their own family gardens and planted crops soon to be harvested, they have transitioned to the entrepreneur course and will begin learning about business selection, planning, managing, saving etc, together with practical knowhow.



Expand and diversify income sources

Phase 3 is on track to commence once women have graduated from their business training. They will receive support and mentoring to select a field of business and develop a business plan, and will receive a start-up loan.

50% increase in family income through loans

It is too early to evaluate increased income. This will eventuate as women access loans and embark on their chosen line of business.



- *The nutritional gardening training workshops covered topics such as good farming practices, healthy eating and hygiene.
- Orphans, as well as dependents and grandchildren of participants are benefitting from a balanced diet and good hygiene practices.



Mebo's Story

Mebo lives with HIV/AIDS and struggles to put food on her table. She would worry because she could not afford to buy food from supermarkets, believing that only processed and imported food was able to meet her nutritional needs. She was unaware of the nutritional value of vegetables growing wild in her community. Through our partner's workshops, her confidence in growing wild-grown vegetables has soared and they have become a cheap source of nutrients which are easily accessible for her. Mebo now believes in the immune-boosting benefits of traditional foods and has more funds for healthcare and daily living!



Thank you for making a difference